Please replace the abstract with the following amended abstract:

**Amendments to the Specification** 

A method is provided for transferring a set of data over a network by monitoring

the level of actual bandwidth utilization. In one embodiment, the method includes identifying a

maximum monitored level of actual utilization and calculating a size for data blocks to be

transferred as a function of the maximum monitored level of utilization. The data blocks

represent a segment of a set of data, such as a software update that may be transferred or

downloaded over the network without interfering with other network activity at the network

interface. The size of the data blocks are bounded by a maximum and minimum threshold value.

Computed block sizes allow effective utilization of the network bandwidth while also allowing

an adaptation that supports a degree of responsiveness both on fast and slow networks.

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